

## **DR. MILCAH NJOKI NYAGA (PHD)**

**Name:** Milcah Njoki Nyaga

**Title/Qualification:** PhD (Educational Psychology)

**Position:** Senior Lecturer

**Department:** Education

**School:** Education & Social Sciences

**Area of Specialization:**

- Human development and life span
- Statistics
- Tests and Measurements
- Psychological and Christian counselling
- Research methods

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### **Short Biography**

BED (University of Nairobi), BA (Caribbean College), MED (Kenyatta University), PHD (Kenyatta University). Has more than 20 years teaching experience.

### **Research Interests**

Human development and life span and counselling

### **Journal Publications**

- i. Nyaga, M. N. (2019). Teachers' Selected Factors on Truancy among Adolescents in Secondary Schools in Kenya. *American Journal of Educational Research*. 2019; 7(4):328-333. doi: 10.12691/education-7-4-5
- ii. Nyaga, M. N. (2018). Contributions of Selected Classroom Factors on Bullying Among Adolescents in Secondary Schools in Kenya. *The International Journal of Humanities & Social Sciences* Vol. 6 Issue 9 ISSN 2321 - 9203
- iii. Nyaga, M. N. (2017). Youth Radicalisation in Kenya University Perspective. *IOSR Journal Of Humanities And Social Science (IOSR-JHSS)*, vol. 22, no. 11, 2017, pp. 94-98.
- iv. Nyaga, M. N. (2017). Effectiveness of Physical Exercise on Primary Dysmenorrhea among Female University Students. Volume 5-Issue 1. *International Journal of Informative & Futuristic Research* Volume 5-Issue 1 ISSN: 2347-1697
- v. Nyaga, M. N. , Mwai, Kimu. 2016. Contributions of Selected Family Factors to Drug Abuse Among Adolescents in Secondary Schools in Manyatta Sub-county, Embu County, Kenya. Science Publishing Groups. DOI: 10.11648/j.sjedu.20160402.11 ISSN: 2329-0900 (Print); ISSN: 2329-0897 (Online)

## **Presentation of Papers at Academic and Professional Conferences**

- i. Nyaga, M. N. (2019). Curriculum at the Crossroads: The Role of Universities on 30<sup>th</sup> August 2019 at Moi University
- ii. Nyaga, M. N. (2019). Supporting Green Growth and Knowledge Economy through Research, Innovation and Technology for Sustainable development held on 24<sup>th</sup> to 26<sup>th</sup> April 2019 at Machakos University Hotel and Conference Centre, Kenya.
- iii. Nyaga, M. N. (2018). Transformative Pedagogy for Sustainable Marketability of Graduates at 1st Annual International Conference on Decolonizing Education at University of Embu on July 6<sup>th</sup> -8<sup>th</sup> 2018.
- iv. Nyaga, M. N. (2018). Presentation: Connectedness of Cultural Dynamics and Mental Health KCPA 5th Annual Scientific Conference Multidimensional Approach To Mental Health Held At The Kenya Institute Of Curriculum Development (KICD) On June 14<sup>th</sup> and 15<sup>th</sup>, 2018. The theme of the conference: "Multidimensional Approach to Mental Health". Sub-Theme: "The Cultural Aspect of Mental Health".
- v. Nyaga, M. N. (2017). "Adolescent and Youth Radicalisation in Kenya" at the International Conference on Higher Education at Meru University of Science and Technology, main Campus, 4<sup>th</sup>-6<sup>th</sup> October, 2017
- vi. Nyaga, M. N. (2015). "Contributions of Selected Microsystems to Antisocial Behaviours among Adolescents in Secondary Schools in Manyatta Sub- County, Embu County, Kenya" on 30<sup>th</sup> Kenyatta University Postgraduate Seminar on Wednesday 1<sup>st</sup> July 2015 at Kenyatta University.

## **Books/Book Chapters Published**

### **Book Title: Mid-Life Challenges and Work Performance among Teachers in Kenya (2018)**

Middle-life is that period of life from approximately thirty-five years to approximately age sixty-five years. The teacher may experience challenges in menopause, climacteric, external and internal aging, health problems and marriage conflicts due to impotence, which affect the work performance. These problems have attributed to misunderstanding between the teacher and the school administration. ISBN-13: 978-620-2-31815-0

### **Book Title: Good choices Bright future. NEADS publications, Nairobi, 2014**

#### **Book Abstract**

As a transitional period from childhood to adulthood, adolescence is a 'period of temporary insanity'. This is a as a result of uncontrollable changes occurring in their bodies and minds. These uncontrollable changes can lead to distortion of interpretation in regard to what is happening in the real world. In addition, Guidance and counselling needs for adolescents fall under three categories: social, academic and career. It is against this background that this 'Student Pocket Counsellor' (SPC) strives to guide the 'Adolescents' in forming a solid Frame of Reference, which will aid them in making Good CHOICES, and which will eventually pave way for a Bright FUTURE. ISBN: 978-9966-074-37-9